

# Health and Safety Advisory Committee Meeting

October 17, 2019

## Agenda

### **Welcome**

### **Introductions**

### **Old Business:**

Concussion Team Subcommittee Update

Naloxone policy

### **New Business:**

Flu Counts

Code Ana Medical Emergency Response Team

Nursing coverage at athletic events

### **PD16 Update**

Polar Life Pods - Heat Protocol for athletes; development of heat protocol for recess

School Vaping Awareness Event, Massaponax HS, November 21st; 6:30 pm; open to public

### **VDOE Update**

CBD oil policy development

### **Discussion**

Roundtable discussion of local health concerns from members

## Health & Safety Advisory Meeting Minutes

October 17, 2019; 5:30 pm

### In attendance:

Mary Fisher, Donna Gamache, MD, Heather Hinchman, Dollie Johnson, Jackie Kunstmann, Anthony Mims, David Moody, Ryan Osborne, Matthew Stemmler, Mike Thompson

### Scribe:

Jackie Kunstmann

### Agenda:

Old Business: Concussion Team Subcommittee Update  
Naloxone Policy

New Business: Flu Counts  
Code Anna Medical Emergency Response Team

PD16 Update  
VDOE Update  
Roundtable Discussion

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Concussion Team Subcommittee Update: Matt Stemmler, Athletic Trainer (AT), reported that he has been making modifications in his system of tracking concussions; he and the high school nurse (Heather Hinchman) have been using a tracking system via a Google sheets document; Matt reports that concussions are down approximately 50% from the same time last year (from 24 to 13 concussions); cheerleading is the sport with most concussions; the concussion team subcommittee will plan to meet in the near future.

Naloxone policy: Committee decided that moving forward with a naloxone policy is a good idea. Mary will research the policies of the surrounding counties who have such a policy in place and will look to the Virginia School Board Association (VSBA) for any policy they have drafted; Chief Moody advises that KGF&R have a Narcan protocol and will share with us; The School Resource Officers (SROs) at SES and KGES have Narcan; PES does not have Narcan; it is unknown whether the SROs at KGMS and KGES have Narcan.

Flu Counts: Influenza season has begun; Dr. Rossheim of the Virginia Department of Health suggested that we keep track of student absences and place into the following categories (respiratory/GI/skin/other); Dr. Rossheim also suggested that schools determine a baseline rate of absenteeism for the various schools. In determining whether to close a school for a flu epidemic, Dr. Rossheim will need to know the increase of absenteeism from baseline. Jackie Kunstmann began tracking absentee rates for the various schools beginning in October to determine a baseline. Mary Fisher will work to include the absentee categories into Power School; KGCS had a flu clinic for staff and their children on September 13, 2019. A second one will be held on November 5, 2019, at the School Board Office (this is a change in venue from KGHS).

Code Ana: Committee viewed a short video presentation on the Code Anna program. This is a free program to assist schools in creating a Medical Emergency Response Team (similar to a hospital's Code Blue team). The Committee agreed that while the school system does have a Crisis Management Plan in place, this plan will be more specific to serve our school's medical needs. The nurses will begin to view the information, and the Code Ana program is set to begin no later than school year 2020-2021.

Polar Life Pods/Heat Protocol: The heat protocol policy of PD16 (written by Dr. Peter Smith) was discussed. Matt Stemmler (AT) advised that he uses the heat stroke protocol of the National Athletic Trainers Association which is similar. Possible acquisition of Polar Life Pods was discussed (currently Spotsylvania and Stafford counties use these). Matt Stemmler shared that KGHS uses Vivo Labs' Polar Skin Comprehensive Cooling System and showed a short presentation on its use. It was determined by the committee the polar skin system is sufficient for our county's use at this time. Mr. Stemmler will provide pricing information to Mrs. Fisher for possible purchase of additional polar skin systems.

Heat and Cold Protocol at all schools was addressed. Some schools have a process in place for deciding on the appropriateness of outside activities based on the temperature, but some schools do not. Matt Stemmler recommends using a wetbulb thermometer as the measurement. The committee decided a uniform procedure should be established for all schools in the division.

A Vaping Awareness Event will be held at Massaponax High School on November 21, 2019

Cannabidiol oil (or THC-A oil): Committee discussed whether we needed a special policy in place for administering CBD oil to students. It was decided that we would look to the Virginia School Advisory Board for direction on a policy.

Roundtable Discussion:

- Anthony Mims, SRO officer at PES, suggested an additional AED be placed at PES; Mary Fisher had requested the school nurses provide a floor plan of their schools indicating location of any AEDs and suggestions for future ones
- Chief Moody mentioned that there is a Hepatitis A outbreak; the complete immunization for Hepatitis A is 2 vaccines
- Nurses have been seeing an increase in mental health issues; Mary Fisher reported that mental health is to be included in the Health SOLs in the future; currently PE class in 7th and 9th grades and staff receive suicide prevention education; this year elementary school staff will receive suicide prevention education as well; Rappahannock Area Community Services Board offers a Mental Health First Aid training (next one is November 15, 2019)
- Matt Stemmler reported that four coaches will be receiving spine board training
- Due to Medicaid changes, services for Therapeutic Day Treatment (TDT) have decreased; a proposed counseling services pilot will include our high school and PES in January