Health & Safety Advisory Meeting Minutes

January 15, 2020; 5:30 pm

In attendance:

Kim Clift, Anita Davis, Alex Fisher, Mary Fisher, Heather Hinchman, Dollie Johnson, Jackie Kunstmann, Casey Morrison, Shawn Simmons, Ryan Osborne, Matthew Stemmler, Lisa Tate, Mike Thompson, and Jonnelle Davis

Scribe:	
Jackie Kunstmann	

Old Business:

<u>Concussion Team Subcommittee:</u> Matt Stemmler, AT, reported there is no news from the Concussion Team Subcommittee. The XLNT Brain program has had a few glitches which they are working out. The program will be brought to KGMS next year. They are hoping to pilot the program this spring at the Middle school

<u>Naloxone</u>: KGCS will wait for direction from VSBA before writing a policy in the county. HSA is asked to gather research on other divisions and whether they allow *students* to carry it. Currently, our nurse aid students have valid prescriptions. KGCS does not want Narcan carried by the students but may be agreeable to it being allowed in their car IF certain guidelines are met (doctor's note, parent permission, school knowledge).

Jackie Kunstmann reported that other local schools have *not* adopted a Narcan policy, so they have no policies for students carrying it. Under current guidelines from the VDOE, school nurses may *not* administer the Narcan they receive during Revive training due to lack of school policy. VDOE will provide a "Best Practices" document and a medication administration protocol on their website when ready. Currently only the SROs with Narcan are the SES and KGHS ones.

<u>CBD Oil:</u> KGCS will wait for direction from VSBA before writing a policy in the county and wants research on whether other local school divisions include this in their regulations under student medication administration.

Jackie Kunstmann reported that no local schools have a policy for administering FDA approved cannabis to students. The local PD16 is questioning whether the lack of such a policy provides the school nurse adequate reason *not* to administer it? VDOE will provide a sample CBD/THC-

A Oil consent form for schools to administer pharmaceutically processed oils in schools (these oils will not be available until late spring).

<u>Flu:</u> King George Health Department reported that it has 14 doses of the flu vaccine remaining. The Health Department did note an increase of Flu A over Christmas break. Absentee rates in KGCS have remained close to the average.

<u>Heat/Cold Protocol:</u> This protocol will be incorporated into the county's Wellness policy and developed by that committee. Matt suggested that each school having its own wet bulb thermometer would be helpful since there can easily be differences in readings between the areas in the county.

PD16/VDOE Update

The following legislation is currently before the General Assembly:

- (1) standing orders for bronchodilators;
- (2) sunscreen legislation to allow students to carry and apply FDA approved sunscreen without a physician's order;
- (3) school boards required to employ at least 1 school nurse in all elementary, middle and high schools OR 1 nurse/550 students in Grades K-12;
- (4) require each school board to publish on division website the number of students adequately immunized, conditionally immunized, and exempt from immunizations due to medical or religious exemptions;
- (5) require school nurses and designated personnel to receive online courses in seizure treatment:
- (6) change of 3 doses of HPV for girls to *two* doses of properly spaced human papillomavirus (HPV) vaccine to all students. The first dose shall be administered before the child enters the *seventh* grade. Parents may continue to decline the HPV immunization since HPV is not considered communicable in the school setting; and (7) provides that the Board of Health's Regulations for the Immunization of School Children shall be consistent with the Immunization Schedule developed and published by the Centers for Disease Control and Prevention, the Advisory Committee on Immunization Practices, the American Academy of Pediatrics, and the American Academy of Family Physicians.

New Business:

<u>Wellness:</u> Anita Davis shared that a triennial assessment of our county's Wellness Policy is mandated. A wellness subcommittee needs to be formed to determine if our policies have met the standards, provide an action plan for unmet goals, and develop policies based on these goals. Subcommittee to draft the assessment and present to the Health & Safety Advisory Board on March 19, 2020, for feedback. Subcommittee to include: Mary Fisher, Anita Davis, Jackie Kunstmann, Stacey Hilderbrand, Amy Carey, and Jonnelle Davis.

Roundtable discussion

- Essential oils discussion. Schools are not consistently allowing/not allowing essential oil
 use at their schools. The VDOE manual states that alternative (herbal or homeopathic
 medications) should not be administered by the school nurse without physician's order.
 It was recommended that we propose a change in our Medication Administration
 regulation to include alternative medications and FDA approval.
- Discussion regarding the best way for parents to share medical info with local EMS ahead of any emergency at the school to expedite care/transport; decided that EMS, with KGCS, would develop a form which parents could fill out and provide to the local EMS if they chose to; Rhonda Smith is Communications Director at Sheriff's office.
- 911 protocol to be developed for school nurses to include calling hospital's ER charge nurse to report; if nurses have any problems in dealings with EMS personnel, they should call the EMS director with any problems 540-809-8593 or the station 775-8900.
- Ryan Osborne questioned whether the VHSL physical form has an area for cardiac at
 this point in time; most recent update was 2017 and it doesn't appear to have these
 changes. Mary Fisher shared that there is a bill before the General Assembly (SB463)
 regarding sudden cardiac arrest in student-athletes. It is presumed that if this bill is
 passed, the VHSL requirements will also change.
- Mike Thompson suggested that EMS know the scope of the nurses' abilities.
- Mike Thompson suggested that the bus drivers keep a locked box in the bus with contact information for all children in light of the recent school bus accident.
- Lisa Tate advised that KGCS is considering another CTE class in Nutrition.
- It was questioned whether it would be beneficial for the nurses to have cell phones for emergency use.