Health and Safety Advisory Committee Meeting April 25, 2023 5pm, SBO 2nd Floor Conference Room Agenda

- 1. Welcome
- 2. Introductions
- 3. Old Business:
 - a. New Legislation
 - i. Immunization Requirements-
 - 1. RAHD in school immunization clinics
 - ii. Narcan-
 - 1. REVIVE training for staff
 - 2. Policy
 - 3. Community Prevalence
 - b. Safety
 - i. Emergency Training
 - 1. Stair chairs
 - 2. Stop the Bleed Course
 - c. Annual Budget
 - d. Title IV
- 4. New Business:
 - a. Emergency Preparedness
 - i. Heat Illness
 - ii. Emergency Triage
 - b. Policy/Regulation update
 - i. Blood borne pathogens
 - ii. HIV
- 5. Presentation:
 - a. Wellness Plan Update (Anita Davis)
- 6. PD-16 and VDOE Updates
 - a. Community Levels
- 7. Open Floor

Health and Safety Advisory Committee Meeting

April 25, 2023 at 5pm; SBO 2nd floor Conference Room

Minutes

In Attendance (in person unless noted virtual [V]):

Casey Morrison, Mary Fisher, David Moody, Sarah Lenker, Vincy Sevier, Kyna Parker, Gayle Hock, Stacey Crombie, Brenda Bradshaw-V

Old Business:

- New Legislation-
 - Immunization Requirements- in school clinics held at KGMS and KGHS by RAHD. 27
 KGMS students and 15 KGHS students participated
 - Narcan-Naloxone policies from Spotsylvania Public Schools, Stafford County Public Schools and Fredericksburg City Public Schools were shared with the committee. The committee will review the policies and come to the next meeting with recommendations for a potential KGCS naloxone policy to present to the School Board. REVIVE training has been scheduled through RAHD and staff are invited to participate. Training will be held at KGMS on May 9 and KGHS on May 11. Classes can accommodate up to 30 participants.
- Safety
 - Emergency Preparedness- Stair chair training was provided by KG Fire Dept at KGMS and KGHS for staff members. Stop the Bleed training is scheduled for nurses and athletics staff on May 24th at KGMS.
- Annual Budget- no updates on approval of KGCS budget for 2023-24. State budget announcement has been delayed.
- Title IV- Mary Fisher gave updates on the application for the health portion of the Title IV grant. Volunteers are requested for a subcommittee.

New Business:

- Emergency Preparedness
 - Heat Illness kits were discussed. Kits would treat up to 8 patients, each school would receive kits to include a cooler bag, ice packs, rehydration powder, bottled water, thermometers and fans. Price of each kit is approx. \$100. Funding options discussed and purchase will be pending budget approval.
 - O Brandon Thomas sent (via email) the KGHS athletics heat guidance document that he created. Ms. Crombie asked what guidelines the middle school follows for athletics. Mary Fisher states that as a division, our MS sports follow the same VHSL rules and guidelines as our HS athletes. Ms. Fisher states that a wet bulb thermometer was purchased years ago for the HS but it may be outdated technology that we may need to update. Casey Morrison recommended that the MS Athletic Director also be provided with a wet bulb thermometer and the middle school and high school Athletic Directors communicate the same information to their athletes regarding practice guidelines related to temperature. Ms. Morrison recommended that Heat Illness education be provided to all

staff along with their annual health training courses in Vector. Mary Fisher updated the committee on a statement by NHFS regarding the use of energy drinks by athletes, they have found that energy drinks increase heart rate and lead to dehydration. Ms. Fisher is recommending that the subcommittee for the Athletic Handbook look into this statement by NHFS and the recommendation to prohibit the use of energy drinks at and during school events.

- o Emergency Triage- ASHER kits discussed and the potential need to add supplies for nursing staff. Chief Moody discussed the use of the cabinets with the committee and the training that is happening on the ASHER process at the fire department. Chief Moody stated that the kits can be used for any event not just active shootings. He will include the nursing staff in any trainings that are scheduled regarding the emergency triage process and the ASHER cabinets. Casey Morrison will follow up with Dr. Boyd regarding the emergency crisis plan and what supplies may be needed to supplement the ASHER kits.
- Policy/Regulation update- the Bloodborne Pathogens and HIV policies were provided to the
 group to review for the next meeting. KGCS policy reviewed by pertinent departments to ensure
 it aligns with the VSBA statute. KGCS School Board can amend the policies if desired. Policies
 are on a 4-year review cycle. Will revisit the policies at the next committee meeting after
 members have the chance to review the document.

Presentation:

• Ms. Davis was unable to attend the meeting, no Wellness Plan updates provided for this meeting

PD-16 and VDOE updates:

Casey Morrison provided updates from the PD-16 meeting. Community levels of Strep infections
are very high with a strain not responding to Amoxicillin as well as being seen with pink eye
infections.

Open Floor:

 Sarah Lenker is requesting that hi and low outdoor recess temps be given in writing to schools for guidance with the option of admin discretion. Data will be gathered about temperature recommendations for outdoor activities and time limits.